**Summary of all the activities done during the Project**

**During the two years of the Project, several works have been carried out, according to the aims of the Project and to the several steps planned. The main aim was to help students reduce their relational conflicts. Different relaxation activities have been done to help students manage their emotions before they become conflicts, improving relationships between them, and giving them security and social skills. We have used the visual, artistic, musical and body language as a source of transmission of emotions and feelings and at the same time as a tool to relax if you need**.

**We have created a Multisensory Room in which our students can develop their abilities and skills, taking into account different sensibilities. This sort of classroom allows relaxation and deepening self-knowledge in order to improve our social and affective relationships**

**It is possible to see some of the evidences with the results on the Erasmus website, and you can also check the google drive document shared with all the evidences of all the activities carried out.**

*WEB:*[*http://emoart.eu/Results.html*](https://drive.google.com/drive/u/0/folders/1BK1uVxaiH7DY7SuA8Wj2lVBmLJz0Gy0n?ogsrc=32)

*GOOGLE DRIVE:*[***https://drive.google.com/drive/u/0/folders/1BK1uVxaiH7DY7SuA8Wj2lVBmLJz0Gy0n?ogsrc=32***](https://drive.google.com/drive/u/0/folders/1BK1uVxaiH7DY7SuA8Wj2lVBmLJz0Gy0n?ogsrc=32)

**The Erasmus website is:**

[**http://emoart.eu/**](http://emoart.eu/)